

Health and Wellbeing –
it's more than just a fruit bowl!



How developed is your Health & Wellbeing strategy?

Take the test and find out...

For each question answer Completed Partly completed Not yet

Has your company:

	Completed	Partly completed	Not yet
1. Assessed the current and projected standard of employee health and wellbeing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Measured the cost drivers linking health to absence and productivity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Established optimal physical, psychological & social wellbeing programmes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Implemented employee engagement programmes to improve retention	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Aligned health & wellbeing practices with other people management processes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Introduced an Employee Assistance Programme (EAP)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Introduced a Stress Management Programme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Introduced a web-based health information tools and resources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Organised team challenges & social events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Introduced work life balance initiatives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Score

2 points for **Completed**

1 point for **Partly completed**

0 points for **Not yet**

TOTAL:

Score more than 15?

Congratulations you are making great progress.

Less than 15 points?

Join us at an IIP Health & Wellbeing Strategy workshop which will cover:

- What is Health & Wellbeing?
- The Business Case
- Practical solutions
- Creating a plan

For more information or to register your interest email:

events@investorsinpeople.com

Join the conversation

 @IIP #health&wellbeing #WeAreIIP

 @InvestorsInPeople.UK

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Get in touch

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